



**FALL/WINTER 2023-2024**  
**ADULT PROGRAM GUIDE**  
[www.delraytennis.com](http://www.delraytennis.com)  
**OPEN TO THE PUBLIC**



<b>DELRAY BEACH TENNIS CENTER</b>		
<p><b><u>WANNA WORK OUT (WWO II)</u></b>            Monday &amp; Wednesday 7:00-8:30pm            Tuesday &amp; Thursday 5:30-7:00pm            Saturday 8:30-10:00am            King of the Court for advanced players (3.5-4.0)  <b>\$27.50</b></p>	<p><b><u>FRIDAY EVENING MIXER</u></b>            7:00pm-9:00pm            Progressive Mixed Doubles            Winners Move Up - Losers Move Down            Intermediate to advanced players (3.0 -5.0)  <b>Members: \$15.00 Non-Members: \$20.00</b></p>	<p><b><u>SUNDAY MORNING MIXER</u></b>            10:00am-12:00pm            Progressive Mixed Doubles            Winners Move Up - Losers Move Down            Intermediate to advanced players (3.0 -5.0)  <b>Members: \$15.00 Non-Members: \$20.00</b></p>
<p><b><u>DRILLS &amp; GAMES I &amp; II</u></b>            with Wayne Lawrence, Stadium court            Monday-Friday 9:30-11:00am &amp; 11:00am-12:30pm            Saturday 9:00-10:30am &amp; 10:30-12:00pm            1 hour of drills followed by competitive games            Session I - 3.0+; Session II 3.5-4.0+  <b>\$30.00</b></p>	<p><b><u>FRIDAY NIGHT ELITE &amp; SUNDAY AFTERNOON ELITE</u></b>            with Bob Detrich            Friday 7:00pm - 9:00pm Sunday Times Vary            Drills, Hitting, Match Play, Fun            4.0+ - adults, juniors, college, pros  <b>Friday - \$30.00 Sunday - \$40.00</b></p>	
<p><b><u>BACK TO BASICS (B2B)</u></b>            Tuesday &amp; Thursday 7:00-8:30pm            King of the Court for advanced beginners-intermediate            (2.5 - 3.5 players)  <b>\$27.50</b></p>	<p><b><u>BEGINNERS CLINIC</u></b>            Tue &amp; Thu 6:00pm-7:00pm            Friday 5:30pm-6:30pm            Instruction for beginners            (2.0-2.5 players)  <b>\$25.00</b></p>	<p><b><u>STROKE OF THE WEEK</u></b>            Saturday 10:00-11:30am            Tennis instruction for all levels            Different strokes each week  <b>\$27.50</b></p>
<p><b><u>CARDIO TENNIS</u></b>            with Wayne Lawrence, Stadium court            Monday-Friday 8:30am-9:30am            Saturday 8:00am-9:00am            High Energy &amp; Workout Activities            (3.0-4.25 players)  <b>\$25.00</b></p>	<p><b><u>CARDIO &amp; GAMES</u></b>            Monday-Thursday            7:00pm-8:00pm            Fitness Through Exercise            &amp; Games            (3.0-4.5 players)  <b>\$25.00</b></p>	<p><b><u>GAMES, GAMES, GAMES</u></b>            with Mark Williams            Saturday 10:00am-11:00am            Rotation of fun games            (3.0-4.25 players)  <b>\$22.50</b></p>
<p><b><u>INTRO TO WWO</u></b>            Monday-Friday 9:00am-10:00am            King of the Court for beginners            (2.0-3.0 players)  <b>\$22.50</b></p>	<p><b><u>TECHNIQUE, GAMES &amp; STRATEGY</u></b>            Monday &amp; Wednesday 5:30pm-7:00pm            Improve your technique and match play!            (2.5-3.5 players)  <b>\$27.50</b></p>	
<b>DELRAY SWIM &amp; TENNIS CLUB</b>		
<p><b><u>TUESDAY AFTERNOON ELITE</u></b>            With Bob Detrich - Times Vary            Drills, Hitting, Match Play, Fun            4.0+ - adults, juniors, college, pros  <b>\$30.00</b></p>	<p><b><u>SATURDAY MORNING MIXER</u></b>            9:00am-11:00am            Progressive Mixed Doubles            Winners Move Up - Losers Move Down  <b>Members: \$15.00 Non-Members: \$20.00</b></p>	

**24 HOUR CANCELLATION POLICY TO AVOID FULL CHARGE**  
**SIGN UP IN PERSON OR BY PHONE UP TO ONE WEEK IN ADVANCE; CONTACT THE LOCATION WHERE THE PROGRAM IS HELD**  
**CLASSES FILL UP QUICKLY; DO NOT WAIT UNTIL THE LAST MINUTE!**

DBTC - 201 W. Atlantic Avenue, Delray Beach, FL 33444 561-243-7360  
 DSTC - 2350 Jaeger Drive, Delray Beach, FL 33444 561-243-7058