

Program Guide			Week of 8/14/23-8/20/23		
Day	Date	Description	Pros	Time	Where
Monday	08/14/23	PB Clinic	Keith/John	8:00am-9:00am	DBTC
		Cardio/Drills & Games	Wayne L	8:30am-12:30pm	DBTC
		Intro WWO	AC	9:00am-10:00am	DBTC
		Jr. Program	BW/CT	4:00pm-7:00pm	DBTC
		WWO II	JK/AC/MW	7:00pm-8:30pm	DBTC
Tuesday	08/15/23	Cardio/Drills & Games	Wayne L	8:30am-12:30pm	DBTC
		Intro WWO	MW	9:00am-10:00am	DBTC
		Jr. Program	BW/CT	4:00pm-7:00pm	DBTC
Season start/end time varies		Elite Program	Bob D	Afternoon	DBST
		WWO II	AC	5:30pm-7:00pm	DBTC
CANCELLED FOR SUMMER		BEGINNERS	PE	5:30pm-7:00pm	DBTC
		B2B	AC/MW/PE	7:00pm-8:30pm	DBTC
Wednesday	08/16/23	PB Clinic	John	8:00am-9:00am	DBTC
		Cardio/Drills & Games	Wayne L	8:30am-12:30pm	DBTC
		Intro WWO	AC	9:00am-10:00am	DBTC
		Jr. Program	BW/CT	4:00pm-7:00pm	DBTC
		WWO II	JK/AC/MW	7:00pm-8:30pm	DBTC
Thursday	08/17/23	PB Clinic	Keith/John	8:00am-9:00am	DBTC
		Cardio/Drills & Games	Wayne L	8:30am-12:30pm	DBTC
		Intro WWO	Jeff K	9:00am-10:00am	DBTC
		Jr. Program	BW/CT	4:00pm-7:00pm	DBTC
		WWO II	PE	5:30pm-7:00pm	DBTC
		PB Clinics	Keith/Jane	5:30pm-9:00pm	DBTC
		B2B	AC/MW/PE	7:00pm-8:30pm	DBTC
Friday	08/18/23	Cardio/Drills & Games	Wayne L	8:30am-12:30pm	DBTC
		Intro WWO	MW	9:00am-10:00am	DBTC
		Jr. Program	BW/CT	4:00pm-7:00pm	DBTC
		Elite Program	Bob D	7:00pm-9:00pm	DBTC
Saturday	08/19/23	Wanna Work Out	JK/AC/MW	8:30am-10:00am	DBTC
CANCELLED FOR SUMMER		Mixer	Bob D	9:00am-11:00am	DBST
		Games x 3	Mark W	10:00am-11:00am	DBTC
		Stroke of the Week	JK	10:00am-11:30am	DBTC
		Jr. Program	BW/CT	10:00am-12:30pm	DBTC
Sunday	08/20/23	Sunday Morning Mixer	JK	10:00am-12:00pm	DBTC
		Elite Program	Bob D	Afternoon	DBST