

# **FALL/WINTER 2022-2023** ADULT PROGRAM GUIDE www.delraytennis.com OPEN TO THE PUBLIC



#### **EFFECTIVE NOVEMBER 1, 2022**

### **DELRAY BEACH TENNIS CENTER**

#### WANNA WORK OUT (WWO II)

Mondays & Wednesdays 7:00-8:30pm Tuesdays & Thursdays 5:30-7:00pm Saturdays 8:30-10:00am King of the Court for advanced players (3.5-4.0) \$27.50

\*new days/times

### **DRILLS & GAMES I & II**

with Wayne Lawrence, Stadium court Monday-Friday 9:30-11:00am & 11:00am-12:30pm 1 hour of drills followed by competitive games (9:30am - 3.0+; 11:00am - 3.5-4.0+)

\$30

#### **SUNDAY MORNING MIXER**

10:00am-12:00pm **Progressive Mixed Doubles** Winners Move Up - Losers Move Down Intermediate to advanced players (3.0 -5.0)

Members: \$15

Non-Members: \$20

#### **SUNDAY EVENING ELITE** & **FRIDAY NIGHT ELITE**

with Bob Detrich

Fridays 7:00pm - 9:00pm Sundays 5:30-7:30pm Drills, Hitting, Match Play, Fun 4.0+ adults, juniors, college, pros

**Sunday - \$40** 

Friday - \$30

#### **BACK TO BASICS (B2B)**

Tuesdays & Thursdays 7:00-8:30pm King of the Court for advanced beginners-intermediate (2.5 - 3.5 players)

\$27.50

\*evenings now available

#### INTRO TO WWO

Monday-Friday 9:00-10:00am Monday & Wednesday 6:00-7:00pm King of the Court for beginners (2.0-3.0 players) \$22.50

# **BEGINNERS CLINIC**

Tuesdays 5:30-7:00pm Instruction for beginners (0-2.0 players)

\$27.50

\*new time

## **CARDIO TENNIS**

with Wayne Lawrence, Stadium Court Monday-Friday 8:30-9:30am **High Energy & Workout Activities** (3.0-4.25 players)

\$25

#### **STROKE OF THE WEEK**

Saturdays 10:00-11:30am Tennis instruction for all levels Different strokes each week \$27.50

#### **GAMES, GAMES, GAMES**

with Mark Williams Saturday 10:00-11:00am Rotation of fun games (3.0-4.25 players) \$22.50

### **DELRAY SWIM & TENNIS CLUB**

#### **TUESDAY AFTERNOON ELITE**

**Times Vary** Drills, Hitting, Match Play, Fun 4.0+ adults, juniors, college, pros \$30

#### SATURDAY MORNING MIXER

9:00-11:00am **Progressive Mixed Doubles** Winners Move Up - Losers Move Down

Members: \$15 Non-Members: \$20

24 HOUR CANCELLATION POLICY TO AVOID FULL CHARGE TO SIGN UP CONTACT THE LOCATION WHERE THE PROGRAM IS HELD SIGN UP CAN BE DONE IN PERSON OR BY PHONE UP TO 1 WEEK IN ADVANCE CLASSES FILL UP QUICKLY; DO NOT WAIT UNTIL THE LAST MINUTE!

DBTC - 201 W. Atlantic Avenue, Delray Beach, FL 33444 561-243-7360 DSTC - 2350 Jaeger Drive, Delray Beach, FL 33444 561-243-7058