

Program Guide		Week of 10/26/20-11/1/20			
Day	Date	Description	Pros	Time	Where
Monday	10/26/20	PB Group Lessons	KK	8:00 - 9:00	DBTC
		Intro WWO	AC	9:00 - 10:00	DBTC
		After School	BW/CT	4:00 - 7:00	DBTC
*NEW CLINIC *NEW TIME		Cardio	WL	6:00 - 7:00	DBTC
		WWO II	JK/AC	7:00 - 8:30	DBTC
Tuesday	10/27/20	Intro WWO	MW	9:00 - 10:00	DBTC
		After School	BW/CT	4:00 - 7:00	DBTC
*NEW TIME *NEW DAY *NEW TIME *NEW TIME		Elite Program	BD	4:00 - 6:00	DBST
		WWO II	WL	5:30 - 7:00	DBTC
		Women's Beginners	JF	5:30 - 7:00	DBTC
		B2B	AC/MW	7:00 - 8:30	DBTC
Wednesday	10/28/20	Intro WWO	AC	9:00 - 10:00	DBTC
		PB Group Lessons	KK	2:30 - 3:30	DBTC
		After School	BW/CT	4:00 - 7:00	DBTC
*NEW CLINIC *NEW TIME		Cardio	WL	6:00 - 7:00	DBTC
		WWO II	JK/AC	7:00 - 8:30	DBTC
Thursday	10/29/20	PB Group Lessons	KK	8:00 - 9:00	DBTC
		Intro WWO	JK	9:00 - 10:00	DBTC
		After School	BW/CT	4:00 - 7:00	DBTC
		PB Group Lessons	KK	5:30 - 6:30	DBTC
*NEW DAY *NEW TIME		WWO II	WL	5:30 - 7:00	DBTC
		B2B	AC/MW	7:00 - 8:30	DBTC
Friday	10/30/20	Intro WWO	MW	9:00 - 10:00	DBTC
		After School	BW/CT	4:00 - 7:00	DBTC
		Mixer	JK	7:00 - 9:00	DBTC
*NEW CLINIC		Elite	BD	7:00 - 9:00	DBTC
Saturday	10/31/20	Wanna Work Out	JK/AC/MW	8:30 - 10:00	DBTC
		Mixer	BD	9:00 - 11:00	DBST
*NEW CLINIC		Games Games Games	MW	10:00-11:00	DBTC
		Stroke of the Week	JK/JF	10:00 - 11:30	DBTC
Sunday	11/01/20	Mixer	JK	10:00 - 12:00	DBTC
		Elite Program	BD	1:00 - 4:00	DBST